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CLINICAL PANEL

Panel Discussion

Common Misdiagnoses in an Orthopedic Urgent Care Setting



Moderator

Thelma Cela serves as the Director of Clinical Operations of OrthoNOW[®], the country's only orthopedic urgent care center franchise. She holds a degree in Psychology from the University of Miami. Thelma has over two decades of experience in the healthcare industry and has previously held senior positions in such leading organizations as Leon Medical Centers and Mercy Hospital. As the Director of Clinical Operations she is responsible for clinical policies and procedures and monitoring healthcare policy changes. Thelma is a lifelong resident of Miami and has also served on the healthcare business council of the South Florida Hispanic Chamber of Commerce and is a graduate of the Greater Miami Chamber of Commerce's Leadership Class XV.



Dr. Alejandro Badia, FACS, is a hand and upper extremity surgeon at Badia Hand to Shoulder Center in Doral, Florida. Badia served as worldwide president of ISSPORTH and co- founded the world renowned Miami Anatomical Research and Training Center (M.A.R.C.) and The Surgery Center at Doral. After years of a successful medical career and a renowned international speaking legacy, he saw a need for specialized orthopedic urgent care centers to immediately assess and treat a range of orthopedic and sports injuries and founded OrthoNOW[®], the only orthopedic urgent care center franchise in the country.



Dr. Gregorio Caban is a Diplomat of the American Board of Foot and Ankle Surgery. He is certified in Foot Surgery and in Complex Reconstructive Rear foot Surgery. Dr. Caban has co-authored several podiatry journal articles and has held multiple conferences and seminars. Dr. Caban is part of the team of the Step of Life Foundation Surgical Mission to Dominican Republic and of the Yucatan Cripple Children Project to Merida, Mexico.



Jorge Garrote, PT, DPT, ACSM CEP, was born in Cuba and raised in Spain. He attended Barry University for undergrad studies in exercise physiology and graduated in 2012. During his time at Barry University he was involved in the Strength and Conditioning for the Athletics Department. He received his Certified Exercise Physiology with the American College of Sports Medicine shortly afterwards. Mr. Garrote graduated from Florida International University with his Doctorate in Physical Therapy in 2016 with a focus in the orthopedic population. Hobbies include spear fishing, soccer, and travel.

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Dr. Mauricio Herrera is an orthopedic surgeon that specializes in Sports Medicine and Arthroscopic Surgery. He specializes in treating all types of shoulder pain, hip and knee pain, as well as elbow and ankle sports-related injuries. A native of New York City, he completed his orthopedic surgery residency in New York City at Columbia University/Columbia Presbyterian Medical Center, where he was Chief resident. He obtained his medical degree at the University of California at San Francisco. Dr. Herrera has published and presented his research at numerous local and national meetings on topics regarding arthroscopic and sports related injuries. He is a member of the American Academy of Orthopaedic Surgeons, Arthroscopy Association of North America and the American Orthopaedic Society for Sports Medicine. He is a Diplomate and is Board Certified by the American Board of Orthopaedic Surgeons. He is also Board Certified in Sports Medicine by the ABOS.



Yanira Serralta, PA-C, was born in Cuba and raised in Finland. She attended Florida International University, majoring in political science and pre-med. She graduated from Miami-Dade College Physician Assistant program in 2010, and maintains her certification with the National Commission on Certification of Physician Assistants (NCCPA), is a member of AAPA, and has been part of the official Miami Ironman 70.3 medical team since 2012. Her lifetime involvement in athletics allows her to relate with patients' desire to return to their activities quickly. Hobbies include skiing, weight lifting and golf.



Dr. Jon Tucker is the Founder, CMO, and Chief Strategist of Tucker IME. In his dual roles he mentors the various experts affiliated with the company, administers the professional aspects of the consulting business, and focuses on network development on both the client and panel sides of the business. For the 25 years prior to taking on these roles, Dr. Tucker served as a noted expert in many thousands of cases requiring expertise in the analysis of musculoskeletal disorders. He spent his career as a Board-Certified Orthopedic Surgeon as well as a Certified Impairment Rating Examiner and has served as a Reviewer for AMA Guides to the Evaluation of Permanent

Rating Examiner and has served as a Reviewer for AMA Guides to the Evaluation of Permanent Impairment. He was a member of the PA Department of Labor and Industry IRE Task Force, is a former President of the Pennsylvania Orthopedic Society and is a Fellow of the American Academy of Orthopedic Surgeons.



Dr. Gabriel Widi is a board eligible Neurosurgeon. A graduate of the Yale University School of Medicine, Dr. Widi completed his surgical residency at Jackson Memorial Hospital in Miami where he also completed his fellowship in minimally invasive spine surgery. His interests include the treatment of both cranial and spine pathology from tumors, vascular malformations, and degenerative conditions using the latest cutting edge technology available today. Born in Nicaragua and raised in Miami, where he attended the University of Miami and graduated summa cum laude, he is proud to serve his local South Florida community