

PRP **Injections**

A Natural, Effective Solution for Pain & Injury

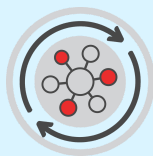
What are PRP injections?

PRP (Platelet-Rich Plasma) therapy uses your own blood to accelerate healing. By concentrating natural growth factors, PRP can repair tissue, reduce pain, and speed up healing & recovery.

How does it work?

We draw a small sample of your blood, isolate the healing platelets, and inject them into the injured area—stimulating your body's natural repair process.

**Heal Smarter,
Feel Better**



Are PRP injections safe?

PRP is a low-risk treatment using your body's natural platelets. PRP has been used in orthopedic and sports medicine for decades, including by professional athletes.

What's recovery like?

Most patients experience mild soreness for several days. Return to normal activity varies by injection site — your provider will give you specific guidance.

How long does it take?

A PRP session takes 30–60 mins. Most patients need 1–3 injections for the best results -- your provider will create a plan best for you!

PRP CAN HELP WITH

Pain

Injury

See the back for more



Ortho **NOW**



PRP **Injections**

Where PRP Therapy May Help

Shoulder

- + Rotator cuff injuries
- + Shoulder osteoarthritis
- + Bursitis
- + Tendinitis
- + Frozen shoulder

Elbow

- + Tennis elbow
- + Golfer's elbow
- + Chronic tendon injuries
- + Elbow bursitis
- + Ligament injuries

Wrist & Hand

- + Tenosynovitis
- + Hand arthritis
- + Trigger finger
- + Chronic wrist pain
- + Wrist tendonitis

Back & Hip

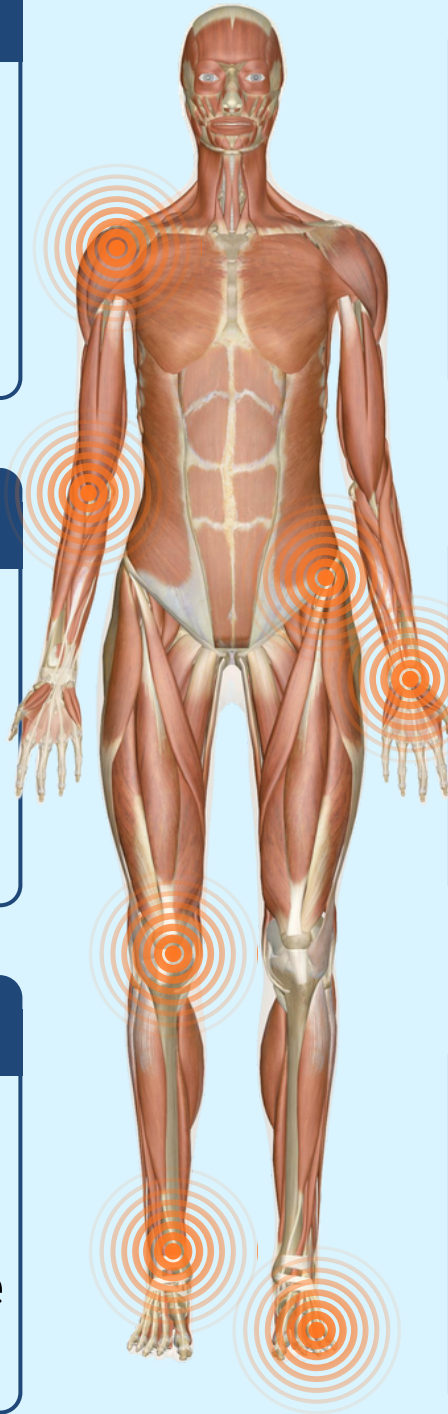
- + Lower back pain
- + Hip arthritis
- + Hip bursitis
- + Piriformis muscle pain
- + SI joint pain

Knee

- + Knee arthritis
- + Patellar tendonitis
- + Quadriceps tendonitis
- + Iliotibialband syndrome

Foot & Ankle

- + Plantar fasciitis
- + Achilles tendonitis
- + Ankle arthritis
- + Ankle sprains
- + Ligament injuries



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* PRP therapy is not FDA-approved for the treatment of specific medical conditions; insurance carriers classify it as investigational. Individual results may vary.